



MAUI COUNTY COUNCIL ON AGING

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COUNCIL ON AGING

February 12, 2013

12:00 p.m. - 2:00 p.m.

J. Walter Cameron Center Auditorium
95 Mahalani Street, Wailuku, HI

MEETING MINUTES

PRESENT

Lawrence Ankrum
Gladys Baisa
MaryMargaret Baker
Rhonda Fosbinder
Heather Greenwood
Clifford Hashimoto
James Jackson
William Myrter
Nancy Tamashiro
Gwen Ueoka

EXCUSED

Autumn Arase
Martha Foit
Judith Mikami
Iris Peelua
Robert Santry

GUESTS

Ellen Belrose
Steve Tam
CM Stacy Crivello

STAFF

Deborah Arendale
Norma Circle
Jo Reyes
James Mariano
Mercedes Neri
Jennifer Oana
Jill Matsui

I. Call to Order

Chair Rhonda Fosbinder called the meeting to order at 12:07 p.m. in the J. Walter Cameron Center Auditorium located at 95 Mahalani Street, Wailuku, Hawaii.

II. Roll Call of COA Members

Chair Rhonda Fosbinder then commenced with the roll call and quorum was established so the meeting was able to convene.

III. Introduction of MCOA Staff and Guests Attending

Today's guests are Mr. Steve Tam, Director of Advocacy, from AARP, Hawaii and Ms. Ellen Belrose. Councilmember Crivello will be joining the Council on Aging as of March 1, 2013, and she is also here as our guest.

MCOA staff in attendance are: Mr. James Mariano, Ms. Jo Reyes and Ms. Norma Circle. Our new Corporation Counsel is Ms. Jennifer Oana and representing the Mayor's office is Ms. Mercedes Neri.

There are four Council of Aging members leaving us because their terms on the Council are over and we have County of Maui Certificates of Recognition signed by Mayor Alan Arakawa presented to: Council Member Gladys Baisa, Vice Chair Larry Ankrum, and Council members Judith Mikami and Martha Foit. Thank you for your dedication of time, commitment to the community and service in the Department of Housing and Human Concerns, Council of Aging. Mahalo and wishing you all the best in your future endeavors!

IV. Review, Correct & Approve Minutes (with corrections, if applicable)

Chair Rhonda Fosbinder called for a review of the December 11th minutes, asking for any changes or corrections. Vice Chair Larry Ankrum moved to accept the minutes as published with no corrections and Mr. William Myrter seconded the motion. A unanimous vote to accept the December 11, 2012 meeting minutes.

V. Follow-up Discussion from Previous Meeting

A. Speakers Bureau

Discussion ensued to follow up on the Speakers Bureau due to Corporation Counsel's concerns of the Sunshine Law. Favorable reasons to create a Speakers Bureau included the following: to increase public education regarding all of the MCOA services that are available; the people on the Council on Aging have the knowledge and may volunteer to offer their expertise to the Maui County Office on Aging; and there would be value-added by providing information and education to Maui's seniors. Two possible ideas emerged: 1) have a formal subcommittee that represents the MCOA as a Speakers Bureau, or 2) have MCOA ask COA members individually to speak on the agency's behalf as appropriate situations arise. Chair Rhonda Fosbinder polled of the COA members:

(1) in favor to proceed further and form a formal Speakers Bureau on behalf of the COA: 5 votes

(2) in favor to proceed informally as individuals volunteering their time to the COA: 3 votes.

The Chair asked the Corporation Counsel Deputy, Jennifer Oana, as to how to proceed with forming a Speakers Bureau procedurally. Ms. Jennifer Oana asked the Council to think about topics for the Bureau and Chair Rhonda Fosbinder asked about the possible impact of the Sunshine Law.

Ms. Deborah Arendale explained that MCOA intended for the Speakers Bureau to provide a means by which to actively engage COA members. At times MCOA is asked to provide speakers for events, and these opportunities might be best met by the expertise and experience of various COA members.

Council Chair Gladys Baisa suggested that we defer to the next meeting and Chair Rhonda Fosbinder agreed to address this at the next meeting.

B. Caregivers Question

During the October 23, 2012 meeting during the MCOA Accountant's Eldercare Services pie chart report, Vice Chair Larry Ankrum posed the question: How many caregivers does MCOA provide service to?

MCOA Program Specialist Norma Circle provided the following information from the State Fiscal Year '12 Annual Report that covers the period from July 1, 2011 to June 30, 2012:

- All Registered Unduplicated Caregivers: 167 with 7255 Unduplicated Respite Hours.
- Support Groups, Workshops, Info & Outreach, Training; Number of People: 4209

Information from the State Fiscal Year '13 Quarterly Report that covers the first six years months of FY 13 from July 1, 2012 to December 31, 2012:

- All Registered Unduplicated Caregivers: 129 with 3451 Unduplicated Respite Hours.
- Support Groups, Workshops, Info & Outreach, Training; Number of People 1200

VI. **Announcements of Upcoming Events**

- A.** Ms. Deborah Arendale: The 2013 Outstanding Older American Award Luncheon is set for Tuesday, May 7th, from 11 am to 1 pm, at the Maui Beach Hotel, Elleair Ballroom. We have checked with the County Council and also, the Governor will be in attendance, and we do have nomination forms available today.
- B.** We will be having an RFP (Request For Proposals) Orientation on Thursday, February 21, 2013, here at the J. Walter Cameron Center Auditorium, at 1:30 pm. This is our method of procuring service providers for two year contracts that will cover the time period of July 1, 2013 to June 30, 2015. The RFPs are online at the Maui County website and individuals may call Norma Circle with any questions. Historically, there has not been much turnover with provider agencies, but we did add new agencies at the last RFP request. Provider services include any individual or agency that wishes to provide any one or any number of services that we authorize to seniors: homemaking, adult day care, chore, personal care, attendant care, etc.
- C.** On March 11-16, 2013 Ms. Deborah Arendale, Ms. Norma Circle and Ms. Jo Reyes will be presenting with other Hawaii counterparts at the ASA (American Society on Aging) Annual conference, Aging in America Conference in Chicago. They will also be a part of the Hawaii contingency receiving an award for the BCBH and EF programs.
- D.** Ms. Mercedes Neri: Mayor's State of the County Address on Wednesday, February 20, 2013 at the H.P. Baldwin High School Auditorium, from 5 pm to 6 pm, doors open at 4pm .

VII. **New Information**

- A. **Veterans' Affairs Report by Dr. Robert Santry****
Dr. Santry was excused from the meeting and not present to provide the Veterans' Affairs report.
- B. **Lanai Report by Nancy Tamashiro****
Ms. Tamashiro reported that the following information was presented at the Lanai Aging Network Council:

MCOA: Ms. Cary Valdez informed the group regarding the following: the paperwork is in place to hire a half-time intake worker for Lanai, although the position has not yet been posted; the MFD is giving and installing free smoke alarms to those who qualify; and the Lanai Fire Station and one of the Captains will attend the MEO Senior meeting on Tuesday, February 19, 2013 to explain the program.

Legal Aid: LA will again be offering free tax consulting services to the seniors who need help.

PHN: Linda Mau announced that five new Red Cross volunteers have been trained and the Airport Fire Station is planning an emergency exercise for July 30th.

Research on some form of Assisted Living and Hospice services continue.

MCOA: Ms. Jo Reyes encouraged the group to phone in support for Senate Bills 106 and 388, and House Bill 4; Enhanced Fitness has been postponed for Lanai due to the lack of trained facilitators; and BCBH is being planned for Lanai.

COA is very important for Lanai. Lanai has received a lot of support because of COA.

C. Molokai Report by Judith Mikami

This is Ms. Mikami's last COA meeting, and this will be her last Molokai Report (see attached)

D. Hana Report by Clifford Hashimoto

The following summarized Mr. Hashimoto's report:

- Attended the MEO Hanalani Sr. Club meeting on January 26, 2013, introduced himself and like the Molokai and Lanai reports, and wants to report back to COA regarding these meetings on a regular basis.
- Learned of a person to have knee surgery at Kaiser Hospital on Oahu. She lives alone and may need assistance. Contacted MCOA contracted Timmy Satot to see if he could assist her with physical therapy rehab after surgery. We may have to find a service provider in the area – Mr. Clifford Hashimoto may have a person in mind.
- Hana has several organizations that provide assistance to adults: 1. Hale Hulu Mamo: Adult Day Care Center – Respite, adult socialization; 2. Hui No Ke Ola Pono: Native Hawaiian Healthcare focusing on NHH Care; 3. Ohana Makamae: Treatment/help for people with substance abuse; 4. ARC of Maui and Easter Seals.
- Congregate Meals: 2 days and another group served as well. MEO Transportation: serves Hana very well.
- Two main issues for Hana communities: 1) needing better communication and raising awareness, needing of physical therapy services; and 2) what services are out there and why are there not out there?

E. MCOA Report by Deborah Arendale

- On February 25, 2013 there will be a Health Day in Hana with several Service Providers that will discuss what's available and signing up appropriate levels of Medicare.
- County Council Member Stacy Crivello has joined us today and will be joining our Council on Aging for a term. Council Chair Gladys Baisa has put into place a new subcommittee: Housing, Human Concerns and Transportation, HHT. On Thursday, February 14, 2013 there will be the hearing to discuss senior needs. Council Member Crivello will be chairing this subcommittee, HHT. Some direction for this subcommittee will come from Housing and Human Concerns Department Director, Jo-Ann Ridao. The subcommittee will also include transportation, and the hearing for February 14th's agenda is strictly for transportation - allowing the public to testify and giving the Council the opportunity to have their deliberations. The hearing will also serve to empower non-profit agencies and senior programs to have a better understanding of expenditures and budgets. Please come and testify to the panel hearing so we can make it the best it can be for our users.

- For the last year, we have been implementing the policies and procedures for the Aging and Disability Resource Center (ADRC). We have two pilot programs that we are bringing in-house on a permanent basis:
 - ◊ One is the Community Living Program (CLP). This is the service in which participants self-direct an individualized budget. Participants use their budgeted monies to best meet needs for approved expenditures. Our system of service delivery is expanding to include person-centered options rather than only providing services in the traditional agency-driven manner. This program will be expanding on July 1, 2013 and will continue as long as there is State Kupuna Care funding is available. We are not sure is how much we will be expanding, we will have to look carefully at the budget to see how much fiscally we can expand.
 - ◊ Another new program is the Hospital Discharge planning program. We wrote for the direct program agreement with Centers for Medicare /Medicaid Services (CMS) and were awarded the program agreement! It is a brand fee-for-service delivery, a new revenue stream, and we are one of 82 sites nationwide out of 649 Area Agencies on Aging. Beginning in April 2013, we will be direct billing Medicare for hospital discharge, known as Care Transitions. When a person goes into the hospital on Medicare we now will be meeting with them in the hospital, meeting with them at home, and following up with them with phone calls to be sure that their needs are met so that they do not have to go back into the hospital unnecessarily. This program is our first endeavor in directly billing for services provided rather than only relying on grants to fund our services.

Question: Have you hired someone who knows Medicare billing?

Answer: In the CCTP, there is a billing arrangement with an agency called Palmetto. They have a contract with CMS and they give us the template, we fill it in, and we send it in to Palmetto and they bill.

Question: Will the Hospital Discharge program be part of the RFP coming out?

Answer: No. We already have five nurses in the County of Maui trained in the model called Care Transitions Intervention. It is anticipated that we will handle 499 people a year. Also, we have also been approached by HMSA because we cannot use the CCTP program with the Medicare Advantage program participants. We will also be talking with Kaiser eventually. So we will be adding staff as we go on a contract basis. All referrals come from the hospital. The goal is to demonstrate that the hospital readmission rate decreases by 20%, saving CMS and estimated average of \$6,900 per person.

- Our next venture will be with the Veterans Administration. The CLP allows us to do the same type of arrangement with providing services for the Veterans Administration in Maui County.
- According to the census taken three years ago, in seven years, they are expecting that our population of people in Maui County, 60+ years of age will almost double—from 29,600 to 54,000—yet we know that the Federal, State and County budgets will NOT keep pace so finding alternative revenue streams are very important to ensure that seniors have the services they need.
- We now have an in-house case manager and can be much more effective in helping case management participants find life solutions.
- We continue to progress forward and create diversification of revenue, and we are proud of that.

VIII. State Legislative Update by Steve Tam, Director of Advocacy, AARP

2013 Hawaii Advocacy Agenda handout:

- Long-Term Care
- Health Insurance Exchange (Hawaii Health Connector)
- Retirement Security

2012 AARP Survey of Maui Residents 50+ on Long Term Care handout

- 66% would support establishing a Public Long-Term Care Insurance program

Survey presentation by AARP, Public LTC

- Investigate a Public Long Term Care Insurance Program.
- Advocating \$1.8MM instead of \$1.4MM for ADRC in the Governor's budget.
- Supporting Kupuna Care
- In 2015, Insurance Exchange may be an important costly factor so the public needs to become aware.

Silver Tsunami: 1946-64=38+ years

- 324,000+ baby boomers
- It started in 2011, when the people born in 1946 turned 65 and started retiring.
- It will go until 2049 when the baby boomers turn 85 years old.
- Nearly 1 of 4, or 23% of Hawaii residents 18+ years of age are caregivers.
- That's about 247,000 unpaid family caregivers in Hawaii.
- Average hours of care per week = 18 hours.
- Long Term Care costs is \$75/day, or \$17M/year = \$3 - \$4/hr minimum
- Kula Hospital: 4-bed ward = \$14M/mos.
- Hale Makua: \$12M/mos.
- People don't like to think about Long Term Care, but few people have sufficient savings and retirement funds. Do people rely on family? Social Security or Medicare funds are not going to cover much. Long Term Care Insurance depends on how much coverage you have and what you have covered and how long a period. Long Term Care insurance is very expensive, for example: \$3K-\$6K/month, and you cannot have any pre-existing conditions. Kupuna Care funds can only serve a limited amount of people due to limited funds.
- The 2012 Hawaii Long Term Care Commission came up with the recommendation of the Public Long Term Care Insurance program. This is not a new concept; it was brought up previously in 2002 and in the 1990's. There are approximately 206,000 people over age 65 and this number will increase to 331,000 in 2032 with 70% of the people aged 65, who will need LTC insurance.
- Public LTC Insurance program will benefit a majority of the adult working population. The premiums will be lower than private LTC premiums. Hawaii would be breaking ground and be the first state to do this so it would be a mandatory program for working individuals under sixty years of age. Participants need to pay premiums for ten years to be eligible and benefits would be limited to 365 days, targeting daily benefits at \$70/day.

Long Term Care Bills:

HB1/SB104/HB200: Investigate the Parameters of a Public Long-Term Care Insurance

HB2/SB103: Long-Term Care Education & Awareness Campaign

AARP is committed to helping bring awareness to everyone on these issues and Long-Term Care, helping the Council on Aging and the public so please ask your lawmakers to support these bills.

IX. Public Comments, Concerns and Testimony

None.

X. Next Meeting Date: April 9, 2013

X. Call for Proposals or Requests for Agenda Items for Next Meeting

- Speakers Bureau
- Vice Chair

XI. Adjournment

Motion to adjourn by Mr. James Jackson. Vice Chair Larry Ankrum seconded the motion.