



Maui County Council on Aging

CAMERON CENTER • 95 MAHALANI STREET, ROOM 20 • WAILUKU, HI 96793 • PHONE (808) 270-7755 • FAX (808) 270-7935

COUNCIL ON AGING

August 13, 2019

12:30 p.m.

J. Walter Cameron Center
95 Mahalani Street
Wailuku, HI 96793

Call to Order: 12:35 p.m.

Introductions

Members Present: Mei Lani Aki, Judith Mikami, Lois Prey, Hannah Werth, Debra Cabebe, Vivian Lindsey, Brian Hauser, Susan Lussier, Leonardo Sequeira and County Councilmember Yuki Lei Sugimura

Members Excused: Kathleen Harrowby, Katherine Smith, and Doreen Forsberg

Members Absent: Miguel Morales

Guests Present: None

County Staff Present: Deborah Stone-Walls (Office on Aging), Alida Murray (Office on Aging), Claudette Medeiros (Office on Aging), Kevin Dusenbury (Office on Aging, Jerrie Sheppard (Deputy Corporate Counsel)

Topic/Agenda Item	Discussion	Action
Call to Order	Introductions of Members and County Staff Present Since the Chair was currently vacant, Councilmember Prey agreed to facilitate the meeting.	
Review/Approve Minutes	Members reviewed the June 4 meeting minutes.	Councilmember Sugimura moved to approve the minutes; Councilmember Werth seconded. Motion carried unanimously.
New Business	a. Nomination for Vacant Position Openings i. Chair (for the 2019-2020 Board Year)	Councilmember Lindsey nominated Councilmember Prey as Chair. No further nominations. Move to close nominations



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		and affirm Lois Prey as Chair. Motion carried unanimously.
Regional/Area Reports	<p>a. Council Member, Judy Mikami, reported that the Social Security workshop was held on Molokai and 70 people attended. Ms. Mikami spoke about an upcoming focus group to be held in September on Molokai regarding the opioid abuse problem. This is the first of several focus groups to be held as part of a planning grant to identify 6 areas in the County regarding opioid abuse.</p> <p>A discussion ensued regarding litigation against pharmaceutical companies.</p> <p>Council Member, Deborah Stone-Walls suggested that an item for a presentation regarding opioid abuse among seniors be added to the agenda for the next meeting.</p> <p>Deborah Stone-Walls (Executive on Aging) presented a snapshot of the past year. A document was distributed that showed the number of unduplicated services provided to seniors by the Office on Aging from July 1, 2018 – June 30, 2019. Ms. Stone-Walls reviewed some of the services and noted, in particular, the downward trend of congregate meals and the upward trend of home-delivered meals. One reason, she cited for this change, may be the impact of expanded home-delivered meal service through the service provider, Mom's Meals. Due to the strict guidelines regarding the temperature of home-delivered meals by Kaunoa, the geographic range is limited. Mom's meals are delivered via Fed Ex in a cooler box. The food is cold, but not frozen and a cooler box contains two-weeks' worth of meals. In addition, Mom's Meals can deliver 7 days a week. Kaunoa delivers 5 days a week. Mom's Meals is able to deliver cold meals to the areas that Kaunoa cannot go to due to the temperature restrictions. A question was raised regarding the cost factor. Ms. Stone-Walls noted that the cost factor of the select meals is high -- \$17.75-\$18.75, however, the County Council provides almost \$1m to cover the cost of food. A question was asked about using a local vendor. Ms. Stone-Walls reported that local vendors were researched, but none would be able to meet the delivery capacity. Through participants' voluntary contributions, the Office on Aging received approximately \$200,000 which goes back into the program. Further, she noted, most a people receiving Mom's Meals receive no other services and these are participants that previously were not being served. Ms. Stone-Walls noted that food security is a major indicator in the social determinate of health, if you don't have nutrition, you don't stay healthy.</p>	
MCOA Report		



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	<p>Claudette Medeiros (Office on Aging) reported on the EnhanceFitness Program. In the month of September, there will be 3 separate recognition events for EnhanceFitness participants, instructors and the sites that have allowed classes to take place during the week. There are about 380 participants. Of those, 65 participants have been with the program since the beginning. The oldest participant is 101 years-old, the youngest, a caregiver, is 54 years-old. EnhanceFitness is an evidence-based program. Currently with the data for the past 7 years of the program available, we can see that 80% of the participants are either maintaining or improving in the areas of agility, balance, strength and walking speed.</p>	
<p>Additional Information</p>	<p>a. Legislative Update: Deferred to next meeting.</p>	
<p>Upcoming Events and Additional Information</p>	<p>b. 2019 Senior Fair – October 26, 2019 War Memorial Gymnasium – 7:30 am – 11:30 am c. Caregivers Conference – November 22, 2019 Grand Wailea - 8:00 am – 3:30 pm</p>	
<p>Agenda Items for Future Meetings</p>		
<p>Next Meeting Date</p>	<p>J. Walter Cameron Center October 8, 2019 Time: 12:30 p.m.</p>	
<p>Adjournment</p>	<p>1:35 p.m.</p>	<p>Chair Prey adjourned the meeting. Motion carried unanimously.</p>